

# Washington Massage

# NEWS



Wash. Chapter, American Association Masseurs & Masseuses

Once more it is our pleasure to bring you another issue of the Masseur. We have an article written by our President and also the first of a series of articles written by our new Chaplain Mr Canady.

We would like our Presidents from Oregon and Idaho to send us something for the next issue. We would also like to remind all of you to send in your announcements of the meetings. All the members are interested and would like to know about the meetings that have been held and anything else of interest.

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To our State Chapter of the A.A.M.M. Members:

I have been asked by the state President and your editors to contribute something to the paper. I first want to thank who had a vote in putting me in office as Chaplain. Needless to say I was very much surprised but as you have that much confidence in me I will do my bit the best I can.

I was very sorry not to be able to attend the Convention in Seattle but am glad I am better again. We have all the work we can handle. With the home work, the church work and the office we are very busy. I have to take the preacher's place two or three times a month and that takes some time and study. I think we Masseurs and Masseuses ought to all be preaching the Gospel of Jesus Christ and we should be one big family at heart, forgetting the past and pressing forward toward the higher calling of Jesus Christ, Phil 3:13 and 14. Knowing of assuredly that we work with nature methods on mankind. We are working as doing it unto the Lord as found in Math 25:40. Then let us watch our words for a word rightly spoken is like apples of gold in pictures of silver, Prov. 25:11.

Now to our local group. I think we should have a get-together meeting the thirteenth of September at eight o'clock



at the Canady Church located between Cloverdale and Sullivan Streets. 8510 8th avenue south. It faces west. Buses run every 30 minutes right by the door. We need new election of officers.  
Signed....P.R.Canady

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Where have we been and where are we going from here?

I have heard the thundering, reverberating eloquence of John L. Lewis of the U.M.W., speaking with the irresistible authority of a monarch, elevating the laboring man to the dignified and respected position which he so justly deserves. I have been present and have heard the fluent, persuasive and undisputed logic of John F. Burke of the Pulp Mill Workers, as as he held an entire wage bargaining conference of union delegates and corporation executives spellbound and deathly silent and speechless. I have heard the heart-rendering exhortations of truly inspired religious men, and I have witnessed them wring teardrops of blood from the hearts of their penitent listeners.

I have heard the unmatched and unforgettable oratory of Roosevelt and Churchill that melted away the senseless accusations and hysterical screams and cowardly deeds of the enemies of society, like snow before the blasts of a Chinook wind, or as the tide melts away the footprints of a beach-comber, leaving you and I feeling hopeful and brave and proud of our great heritage. I have read the timeless and ageless and immortal words of Jefferson and Lincoln in the Gettysburg Address and the Declaration of Independence, which struck sledge-hammer blows at the chains of human bondage and degradation and thereby helped to shape the destiny of our great nation.

Little people like you and I find inspiration and courage from the great men of the past and present but we cannot appreciate or borrow their greatness. We are all given a certain measure of ability and no more, and we must make the best use of what we possess. If I had the forceful eloquence of a Lewis, the persuasive logic and personality of a Burke and the vision of Lincoln and Roosevelt, I would be equipped to lead the Washington Chapter out of the darkness and wilderness of confusion, dissention and uncertainty which has occasionally held us in a bondage of our own making. I would lead us all



into the dazzling glory of a new day of progress, harmony, prosperity and security and be happy I could.

However, the A.A.A.H.H. is not and must never be a one-man organization which will rise or fall on the popularity of one man. It is composed of many men and women with ability, sincerity, initiative and resourcefulness, and each one of us must contribute his or her best efforts. If we do, our combined and collective efforts will eventually bring us the results we seek. As Washington Chapter President, I have the capable and willing assistance of "Ink Slinger Murray", "Editor Dunbar", the "Embezzler" and all the other fine officers and directors, past and present. We can anticipate inspiration from our Chaplain and Alternate Chaplain who were elected in June.

Murray and Dunbar have recently acquired a duplicating machine that performs as efficiently as the good old Model T Ford and I hereby request that each member, regardless of whether or not he or she holds office or serves as a director, to send in an article on his or her favorite subject, at least once during the year. Please write down your questions and your ideas and mail them to Arthur Dunbar. You will find his address in the Registry and Year Book. We have budgeted more money for the paper for this year and if necessary, I am certain that donations will take care of any extra expense. Please remember to send your dues to Ruth Williams as soon as possible.

#### ERRORS OF THE PAST

I have been practicing Swedish Massage for a time when I was urged to join the A.A.A.H.H. The person who solicited my membership stated this as the objective of the organization. "We are going to have a state licensing law enacted. If you join we can guarantee you a license, but if you do not join you will be denied a license and denied the privilege of practicing massage." I was not only unconvinced but I was also greatly irritated.

It is not difficult to understand the results of such an organizing drive. The membership could possibly grow rapidly for awhile, which often happens in a new organization. However the revenge motive would induce many fair-weather friends and sunshine patriots to join for the sole purpose of helping to eliminate certain other masseurs and masseuses from competing with them. Such members are not sincere and would find



some ridiculous reason for dropping out. Such members are of no value to an organization and their loss is never lamented. They are not the kind that will work and sacrifice in order to promote the best interests of all of us and our profession, and be happy with slow and steady progress. They bet all their money on a single poker hand and then quit, broke, while the game continues indefinitely.

In the past, many of us have called ourselves Physical Therapists. It is true that we receive a smattering of Physical Therapy Training in our Swedish Massage studies, but we cannot meet the educational requirements of Registered Physical Therapy in this state. The Registered therapists received their education and training in medical colleges as you and I know. Physical Therapy involves the use of a large array of equipment which we do not have and are not qualified to use. The massage laws in Oregon specifically forbids the use by masseurs of such medical devices as Sine-wave, Faradic (Galvanic), Diathermy, Ultra-sonic, etc. If and when a massage law is enacted in Washington the same rule will apply to us. Let us be honest with ourselves. The Registered Physical Therapists and the public. We are masseurs and nothing more. We can not afford to make enemies. In my own case, I do not relish being regarded as a fraud. I have parked my diathermy in a dark corner and I respect the Physical Therapy Law.

The question was asked at the Seattle convention whether or not the state chapter intends to introduce another massage bill. It was generally agreed that if and when some other state chapter can secure the kind of licensing law they deserve and then permanently prevent the medical men from amending the law and controlling the Board of Examiners, the the Washington Chapter may feel safe in making another attempt.

#### THE FUTURE AS I SEE IT.

Chiropractics and Naturopathy have been steadily declining in our state for many years. Registered Physical Therapy and Registered Massage have been appearing on the scene very recently. Before long, Chiropractics and Naturopathy will be extinct due to the power of organized medical men who are bitterly opposed to them, and due to the indifference of the public. The vacuum left by their demise can and probably will be filled by Registered Physical Therapy and Registered or Licensed Massage, working together in harmony. This is true only because medical men and the public want them and need them in spite of the frauds that have been perpetrated in



the name of and under the pretence of massage in the past.

As you probably know Dr Hench of the Mayo Clinic discovered Cortisone for the treatment of Rheumatoid Arthritis. The doctors through-out the country became cortisone happy until the side effects began to appear. At the present the medical profession is dropping the stuff like a hot potato. What is their remedy ~~now~~ now? Yes, they are again recommending heat and massage plus massive doses of Vitamin C (rose hips) and bioflavonoids. Ruptured or slipped fibrocartilage discs and spine operations originated at the same clinic and set off an epidemic. Every pain in the back was diagnosed as disc trouble and an operation was advised. I have relieved hundreds of cases. Business boomed for awhile

for the surgeons until they found 50% of their cases permanently crippled from their operations. What is the medical remedy now? Yes heat, massage and spinal manipulation by a good masseur, not by a chiropractor.. plus pain pills. The remedy works very well, too, and everyone is happy. Strangely enough, I find Swedish Massage and Spinal Manipulation on my business cards. Perhaps that explains why so many doctors have approved of my work recently. (Do not forget cod-liver oil for osteo-arthritis.)

The well trained and skillful masseur and masseuse faces a bright and glorious future in this state, if we conduct ourselves properly and honestly. There are many types of massage in use, but I am especially interested in Swedish Massage, which of course, covers a large and diversified field of usefulness. I can visualize Swedish Massage Clinics in strategic places, not ~~a~~ one-man Health Clinics or Health Centers or Health Spas or Health Oasis or Health Parlors or Health Salons or Health Havens or Health Refuges, but Swedish Massage Clinics, operated by a group of masseurs and masseuses each specializing in a certain phase of the profession such as body and abdominal massage, hydrotherapy in all its ramifications, medical gymnastics and muscle toning movement and manipulation of the joints and spine, colonic irrigations, etc. This is the age of clinics and specialists. The well trained masseur and masseuse will find a safe and



effective method of conditioning the spine and neck and I do not approve of the bone-jarring and ligament-tearing method of some chiropractors. I saw Mr. Archibald demonstrate his method in Seattle and I believe it is effective. Ruth Williams Steve Masan and I use an excellent method, and perhaps there are other methods. I have a word of caution, however. Whatever method you choose, learn it thoroughly before applying it. Do not experiment and injure your patient.

Well, Editor Dunbar, you asked us to write. Quite a brain-storm I had, wasn't it? This will cost you money. Greetings to all the members.

Pete I Eitreim, R.M.